



Focus	Duration	Year	Curriculum Year					Key Learning	Competitive/ Cooperative
			Nursery	Reception	1A	1B	2		
Key Skills and Games	8 weeks		<u>Key skills</u> - movement in a variety of ways. - Climbing - catching - pushing - patting	<u>Key skills</u> - running - jumping - throwing - catching - co-ordination	<u>Football</u> - running - agility - simple tactics - co-ordination - simple tactics - team games	<u>Tag Rugby</u> - running - throwing - catching - agility - co-ordination - simple tactics - team games	<u>Dodgeball</u> - running - throwing - catching - agility - co-ordination - simple tactics - team games	<u>See individual units.</u>	<u>Dodgeball:</u> Inter-school tournament.
Gym	7 weeks		<u>Key Skills</u>	<u>Key Skills</u>	<u>Key Skills</u>	<u>Key Skills</u>	<u>Key Skills and Performance:</u> <u>Floor</u>		
Dance	6 weeks	A		Bollywood	Bollywood	Bollywood	Bollywood	- balance - agility - co-ordination - performance - routine	Inter-school dance competition at the end of the unit.
		B		Modern	Modern	Modern	Modern		
		C		Street	Street	Street	Street		
Gym	5 weeks		<u>Key Skills</u>	<u>Performance</u>	<u>Performance</u>	<u>Performance</u>	<u>Key Skills and Performance:</u> <u>Apparatus</u>		
Athletics	6 weeks								Sports Day
Games	7 weeks			<u>Boccia</u> - co-ordination - team games - precision & accuracy	<u>Kwik Cricket</u> - running - throwing - catching - agility - co-ordination - simple tactics - team games	<u>Kurling</u> - co-ordination - team games - precision & accuracy	<u>Tennis</u> - running - throwing - catching - agility - co-ordination - simple tactics - team games	<u>See individual units.</u>	<u>Kurling and Kwik Cricket:</u> Inter-school competition. <u>Tennis:</u> Tournament