Townville Academy

Physical Education Progression Document

Games

Year Group & Rotation	Unit	Term	Skills	Application
Nursery	Key skills	Autumn 1	Move freely and in a range of ways, such as slithering, shuffling, rolling, crawling, walking, jumping, skipping, sliding and hopping.	
			Run and negotiate space successfully, adjusting speed or direction.	
			Can kick a large ball.	
Nursery	Key skills	Spring 2	Move freely and in a range of ways, such as slithering, shuffling, rolling, crawling, walking, jumping, skipping, sliding and hopping.	
			Run and negotiate space successfully, adjusting speed or direction.	
			Can catch a large ball and beanbag	
Reception	Key skills	Autumn 1	Experiment with different ways of moving.	
			Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles.	
			Show increasing control over an object in pushing, patting, throwing, catching or kicking it.	
Reception	Boccia	Spring 2	Can show control and accuracy with the basic actions for rolling, sliding, underarm throwing.	Combine a number of co-ordination drills, using upper and lower body movements.
			To explore static balancing and understand the concept of bases.	Can try to win by changing the way they use skills in response to their opponent's actions.
			To aim a ball accurately at a target – including the use of a ramp.	To play a game fairly and in a sporting manner.
			To master basic sending skills.	
1 A	Key Skills - Football	Autumn 1	Can move, fluently by changing direction and speed easily and avoiding collisions.	Combine a number of co-ordination drills, using upper and lower body movements.
			To travel in different directions (side to side, up and down) with control and fluency.	Can try to win by changing the way they use skills in response to their opponent's actions.
			Can pass a ball and receive a ball using their feet.	To practice basic striking, sending and receiving.
			Can show control and accuracy when moving an object with their feet.	To play a game fairly and in a sporting manner.
			Can strike and kick a ball with control.	To use fielding skills to play a game.
			To aim accurately at a target.	
1A	Kwik Cricket	Spring 2	Can throw and catch a ball with a partner.	Combine a number of co-ordination drills, using upper and lower body movements.

			Can show control and accuracy with the basic actions of ball control and underarm throwing.	Can try to win by changing the way they use skills in response to their opponent's actions.
			To aim accurately at a target.	To use throwing and catching skills in a game.
			To strike with a bat.	To play a game fairly and in a sporting manner.
				To use fielding skills to play a game.
1 B	Key Skills – Tag Rugby	Autumn 1	Can move, fluently by changing direction and speed easily and avoiding collisions.	Combine a number of co-ordination drills, using upper and lower body movements.
			To travel in different directions (side to side, up and down) with control and fluency.	Can try to win by changing the way they use skills in response to their opponent's actions.
			Can throw and catch a ball with a partner.	To practice basic striking, sending and receiving.
			Can show control and accuracy with the basic actions of ball control and underarm throwing.	To play a game fairly and in a sporting manner.
			To aim accurately at a target.	To use fielding skills to play a game.
1 B	Kurling	Spring 2	Can show control and accuracy with the basic actions for rolling, sliding, underarm throwing.	Combine a number of co-ordination drills, using upper and lower body movements.
			To explore static balancing and understand the concept of bases.	Can try to win by changing the way they use skills in response to their opponent's actions.
			To aim a ball accurately at a target.	To play a game fairly and in a sporting manner.
			To master basic sending skills.	To make use of co-ordination, accuracy and weight transfer
2	Dodgeball	Autumn 1	Can pass a ball accurately to a partner over a variety of distances.	To use ball skills in an inter-school tournament.
			Can control a ball in a variety of ways.	To play a game fairly and in a sporting manner.
			Can make simple decisions about when and where to run.	To make use of co-ordination, accuracy and weight transfer
			To use hand-eye co-ordination to control a ball.	Combine a number of co-ordination drills, using upper and lower body movements.
			To vary types of throw.	Can try to win by changing the way they use skills in response to their opponent's actions.
			To position the body to strike a ball.	I can develop basic tactics for small team games
2	Tennis	Spring 2	Can pass a ball accurately to a partner over a variety of distances.	To use ball skills in a tournament.
			Can control a ball in a variety of ways.	To play a game fairly and in a sporting manner.
			Can make simple decisions about when and where to run.	To make use of co-ordination, accuracy and weight transfer
			To use hand-eye co-ordination to control a ball.	Combine a number of co-ordination drills, using upper and lower body movements.

			To strike a ball with a racket.	Can try to win by changing the way they use skills in response to their opponent's actions.
			To position the body to strike a ball.	